



Infant Mental Health Peer Consultation & Clinical Case Review

**Beginning February 9th at 12pm
Watkins Center, Charlotte, NC
Room #4**

Open to practitioners in the community who serve children 0-5 and are concerned about the mental health and social emotional development of developing infants, toddlers and very young children.

Purpose:

To expand understanding, appreciation, knowledge and awareness of the clinical issues involved in Infant Mental Health and to support the Mecklenburg community in enriching the quality of treatment services for infants, toddlers, very young children and their families.

Who Should Attend:

Infant Mental Health Therapists, Pediatricians, Medical Professionals, Clinicians, Students, Early Intervention Providers, Early Childhood Educators, Speech Therapists, Occupational Therapists, Physical Therapists, and any others who share an interest in the social emotional, behavioral and relationship development for infants and toddlers.

Core Clinicians:

Carrie Reinecke, MSW, LCSW
carrie@carolinaparentingsolutions.com

Laverne Fesperman, MSW, LCSW
Laverne1015@bellsouth.net

Libby Rains, MSW, LCSW
Libby.Rains@jfscharlotte.org

Outline:

Infant Mental Health, Peer Consultation & Clinical Case Review will meet once per month on a Thursday in each month on the dates listed below. The meeting will last 90 minutes and be held at the Carlton Watkins Center 3500 Ellington St, Charlotte, NC. Meeting time is set at 12:00pm-1:30pm. Attendees are invited to bring their lunch and participate in the discussion.

Confidentiality

Participants are welcome to attend any of the meetings to learn, share and discuss clinical issues in treating infants, toddlers and young children and their families. Cases will be de identified, but we will ask that attendees sign a confidentiality statement regarding case information discussed in each meeting to insure the confidentiality or similar or coincidental references to actual families.

Meeting Dates are Thursdays as follows:

February 9 th at 12:00-1:30 pm- Carrie Reinecke, MSW, LCSW presenting	August 9 at 12:00pm-1:30pm-open
March 22 nd at 12:00-1:30 pm- Laverne Fesperman, MSW, LCSW presenting	September 13 at 12:00pm-1:30pm-open
April 26 th at 12:00-1:30 pm- Libby Rains, MSW, LCSW presenting	October 11 at 12:00pm-1:30pm-open
May 10 at 12:00pm-1:30pm-open	November 8 at 12:00pm-1:30pm-open
June 14 at 12:00pm-1:30pm-open	December 13 at 12:00pm-1:30pm-open
July 12 at 12:00pm-1:30pm-open	

Outline of Meeting:

12:00-12:10 pm (10 min.) Welcome, Introductions, Reviewing Rules & Procedures

12:10-12:45 pm (35 min.) Case Presentation

Child's Story (Psychosocial/Developmental History)

Presenting Problems

Diagnosis and Treatment Planning

Treatment Summary/Outcomes

Coordination of Services & Recommendations

12:45-1:15 pm (30 min.) Open Discussion & Processing

1:15-1:30 pm (15 min.) General IMH questions, Resource Review, Case Planning for Upcoming Sessions

The first three meetings will host each one of the core clinicians to present a de identified case and facilitate the group discussion and process. For the fourth through 11th session, we will open the group to any community provider that wishes to present a case for consultation, clinical review and group supervision. The core clinicians will facilitate the process during these subsequent sessions.

Interested in getting your case slotted for presentation? Simply email Carrie at carrie@carolinaparentingsolutions.com.

We plan to have midyear evaluation to assess how useful the IMH Peer Consultation has been, evaluate the group's response and ongoing interest.

The group will allow some discussion on basic administrative and business factors affecting the delivery of clinical services, but it is not the intent of the group to devote any significant time to billing, authorizations or coding for services.