



Positive Parenting Program – Triple P

A community Initiative – Making parenting support available to parents & caregivers across Mecklenburg County!



Why Triple P?

- Triple P is an internationally-recognized program that supports parents in raising confident, healthy children and teenagers. Triple P gives parents the practical skills they need to build strong family relationships, manage misbehavior and prevent problems from happening in the first place.
- Triple P doesn't tell people how to parent, rather it gives them simple and practical strategies they can adapt to suit their own values, beliefs and needs.
- Triple P also recognizes that one size doesn't fit all families. It's a system that offers increasing levels of support to meet parents' different needs.
- Triple P has helped approximately 6 million children and their families. It is used in more than 20 countries and in 27 states of the US. It is currently in 34 counties in NC.
- As a public health approach, Triple P positively impacts key child welfare indicators. The CDC-funded US Population Trial (Prinz, et al., 2009) demonstrated significant reductions in the following annual outcomes (standardized to 100,000 children):
 - 240 fewer out of home placements
 - 60 fewer hospitalizations/ER visits for child maltreatment injuries
 - 688 fewer substantiated child abuse cases

The Mecklenburg County Health Department was awarded a three-year grant to recruit and coordinate the training of community agencies and organizations in the Triple P model so that they may offer it to the families they serve. Mecklenburg County has trained **44** practitioners, including social workers, early childhood education staff, mental health professionals, after school and community resource center staff, and more! We will train an additional 80 practitioners in over the next two years.

Community Launch: August 2014

In August 2014, we will begin widely advertising the availability of Triple P in the community. In addition to printed media, a Triple P website will be available.

www.triplep-parenting.net



For more information, or to get brochures, posters & other materials you can use to refer parents, contact Mecklenburg County Triple P Coordinator, Cathy Henderson at: cathy.henderson@mecklenburgcountync.gov

Trained practitioners in Mecklenburg County may be contacted at the following agencies:

Agency/Organization	Triple P Course	Phone	Site Contact Email
Charlotte Family Housing 300 Hawthorne Lane, Charlotte, NC 28204 www.charlottefamilyhousing.org	Level 2 Selected Seminar Level 3 Primary Care	704.335.5488 x2130	eschroeder@charlottefamilyhousing.org
Children's Home Society 2200 E 7th St. Charlotte, NC 28204 www.chsnc.org	Level 2 Selected Seminar Level 3 Primary Care/Primary Care Teen	704-534-6190	mcalvert@chsnc.org
Department of Social Services 301 Billingsley Rd Charlotte, North Carolina 28211 dss.charmeck.org	Level 2 Selected Seminar Level 3 Primary Care/Primary Care Teen	704-432-4436	Carmen.goodman@mecklenburgcountync.gov
Safe Alliance 601 E. Fifth Street, Suite 400 Charlotte, NC 28202 www.safealliance.org	Level 3 Primary Care/Primary Care Teen	704-332-9034	Brandy.stephens@safealliance.org
Mental Health Association of Central Carolinas 3701 Latrobe Dr. Suite 140, Charlotte, NC 28211 www.mhacentralcarolinas.org	Level 3 Primary Care/Primary Care Teen	704-365-3454	cwilson@mhacentralcarolinas.org
First Baptist Church West 1801 Oaklawn Ave, Charlotte, NC 28216 www.fbcwest.org	Level 2 Selected Seminar Level 3 Primary Care	704-372-1075	bmiller@fbcwest.org
New Opportunity Mentoring Program www.newoppmentoring.org	Level 3 Primary Care	704-293-7373	lharris@newoppmentoring.org
Future L.E.A.D.E.R.S. www.futureleadersnc.org	Level 3 Primary Care	704.777.5075	drankin@futureleadersnc.org
The Learning Collaborative 3045 N Davidson St, Charlotte, NC 28205 www.tlcharlotte.org	Level 3 Primary Care	704-377-8076 ext 208	jcarter.tlcharlotte@gmail.com
Alexander Youth Network 6611 Thermal Road Charlotte, NC 28213 Alexanderyouthnetwork.org	Level 3 Primary Care/Primary Care Teen Level 4 Standard	704-366-8712	astorm@alexanderyouthnetwork.org
YMCA of Greater Charlotte 3045 N. Davidson Street, Charlotte, NC 28205 www.ymcacharlotte.org	Level 2 Selected Seminar Level 3 Primary Care/Primary Care Teen Level 4 Group Teen	704-716-6334	dequina.johnson@ymcacharlotte.org